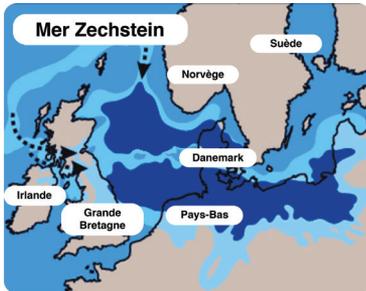


## - Transdermal Magnesium -

The two greatest deficiencies of our time, that of vitamin D and magnesium, are due, in part, to a misunderstanding of the primordial functions of the skin. Our ancestors, who had a balanced diet rich in vitamins and minerals, supplemented their magnesium intake by using the functions of absorption of their skin through various processes: thermal cures, Roman spas, sea bathing, and thalassotherapy according to the various regional mineral properties of the region. One region famed for such bathing was Magnesia in Greece.



### Transdermal Magnesium Zechstein Inside® :

Following the recent discovery of the Zechstein Sea and the scientific studies on transdermal treatments and applications, two factors are emerging that will help us meet the challenge of magnesium deficiency in an optimal way. These factors are : the purity of source and topical application. Capitalising on nature's natural purification process of mineral salts and the amazing primordial powers of the skin to absorb and redistribute.

Our magnesium comes from the Zechstein Sea (in the Netherlands), a cristalised sea located 2 km (1 mile) underground, 250 million years old and completely removed from modern pollution.

### How to use Transdermal Magnesium?

- Massage 10 to 20 pumps on the body at least 20 minutes before showering (ex. abdomen, calves, etc.) once a day, morning or evening, then rinse off the excess without using soap on the chosen area.
- Before sports activities: apply to the desired area and massage well. Allow it to absorb on the skin at least 20 minutes. Rinse if necessary.
- For dental care, dilute with 80% water for daily use, or use pure if needed for pains, weekly.

### The benefits of Magnesium :

- Calms cramps, pain, inflammation and tendonitis
- Stimulates local blood circulation
- Relieve muscle aches associated with sports activities
- Relieves pain associated with sports activities
- Improve skin problems
- Accelerate wound healing
- Relief from heavy legs
- Helps to restore sleep quality
- Calms and maintains the nervous system
- May increase concentration and memory capacity
- Hair care and facial care
- Dental hygiene in mouthwashes and gum healing
- Calming periodontal pain
- Can help alleviate cold symptoms
- May calm headaches, earaches and the ENT sphere
- Promotes the detoxification of toxins and heavy metals
- Contributes to the improvement of the cardiac sphere
- Re-balancing the sexual sphere and fertility



**Noble Blue Glass**  
No phtalates

### Our product is unique, here's why :



- *Zechstein Inside*® : is the only RAW, natural state Transdermal Magnesium extracted and bottled without ever having been chemically "purified".
- The *Zechstein Inside*® is the first choice recommended to doctors by the European Magnesium Health Institute.
- We use noble blue glass to avoid contamination of endocrine disrupters which leak from soft plastics.
- No contamination from atmospheric radiation due to the depth of our source at 1 mile (1.6 km) underground.
- Local origin (Netherlands), European traceability. Rare yet abundant source.
- You can directly contact our source to verify the quality, extraction and origin.
- The *Zechstein Inside*® certification is essential because there are many who claim "purity" or even use the word "Zechstein" to cover up chemically purified and refined products. (See the schema below for details).