

Why choose glass packaging instead of plastic ?

Glass is the best option to avoid phthalates from plastics (Bisphenol A added to PVC, DEHP, etc.) that are known endocrine disruptors. A summary of the findings of studies conducted and published in Canada in 2011 ^(source 6) confirms their harmful effects on humans.

There is a high probability of the following adverse effects associated with phthalate absorption, even at low doses:

- Toxic to the brain and nervous system
- Appearance of cancer
- Male fertility problems.
- Alteration in the functioning of the thyroid `.
- Insulin resistance development
- Decreased urogenital distance in newborns
- Promotes weight gain at the abdominal level
- Favors the appearance of allergic rhinitis and asthma
- Reduced mobility of sperm cells
- Toxic to the respiratory system
- DNA mutagenic effect
- An early appearance of puberty in young girls
- Increases the risk of premature births

According to Professor Daniel F. Schmidt, a plastic engineer at the University of Massachusetts, we have insufficient perspective regarding current research on alternatives to phthalates. He states “in 20 years’ time there will probably be the same controversy about alternatives to phthalates as there has been in this decade concerning Bisphenol and other endocrine disrupting compounds. Even if some other types of plastics «tolerated» by the EU or the USA do exist and are now in usage, the problem is not yet solved, to say the least.”

The only way to be sure is to use glass bottles, this limits the cumulative effects of soft plastic containers. Hard plastics are less of a problem. Our capsules and tubes are BPA, DEHP, PVC and phtalate free. We only recommend noble glass bottles for transdermal applications as these

plastics absorb into the product and cannot be filtered or removed.

The last important point concerning the use of glass containers is its ecological aspect: this material is 100% recyclable. In addition, the bottle can be reused infinitely without contaminating the products, whether they are of a food or cosmetic nature (oils, tincture, supplements, etc.). And of course the aesthetic aspect of beautiful blue glass reveals its inner quality and commitment to an excellent end product!